

A Mental Health & Wellness Conference

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W.E. CARE FOR
Kids
WINDSOR/ESSEX CARE
FOR KIDS FOUNDATION

LAKEVIEW
CENTRE FOR ACADEMIC EXCELLENCE
A MONTESSORI SCHOOL

MEET OUR SPEAKERS



KEYNOTE SPEAKER
Lisa Bayarami
Executive Director,
SRI & Self-Reg Consultant
"5 Steps to Self-Regulation"



Jeff Taylor
Certified Forensic
Computer Examiner (CFCE)
"Social Media Safety and More"



Sonia Nicolucci
BsC, MA
"Athletes Physical
and Mental Game"



Dayna Saba
Designer, Author, Reiki Master,
250 RYT, Intuitive Healer
"Connection to higher self and inner child.
Healing through intuition."



Jennifer White
Master of Social Work
- MSW RSW CEDS
"Teenage Brain and Body Image"



Jodi Pearce
BA (Hons), M. ED. Health Promoter
"What is addiction, Who is at risk"



Anthony Ianni
Motivational Speaker



Jayce Carver
"Sexual Orientation
and Gender identity"



Chad Craig
Co-Fonder Five/Fourteen
"Sexual Orientation
and Gender identity"



Brandi Rivait
500hr RYT, Reiki Master, Doula
"Meditation, Wholehearted
and Mindfulness Skills"



Stephanie John
MT, OCT, BA
"Childhood Anxiety:
Causes and Solutions"



THIS CONFERENCE IS FOR YOU IF YOU WANT TO LEARN ABOUT:

How to raise resilient children

Depression and Coping skills

Belonging

5 Steps of Self-Regulation

Mindfulness

Social Media and Online Safety

Athletes Physical and Mental Game

Teenage Brain and Body Image

Addiction and Mental Health

Childhood Anxiety Causes and Solutions

Learning Struggles

Sexual orientation and gender identity

January 19, 2019 | Forgolar Furlan

Sponsorship opportunities available

Tickets: \$50.00 | 9:00 am - 4:00 pm | Doors open 8:30 am

www.webelong.ca

For more information or to purchase tickets, please contact:
Kristin Barone kbarone@lakeviewmontessori.ca or by phone 519-735-5005 ext. 121
or Ashley Weeres Ashley.Weeres@wrh.on.ca or (519) 985-2609